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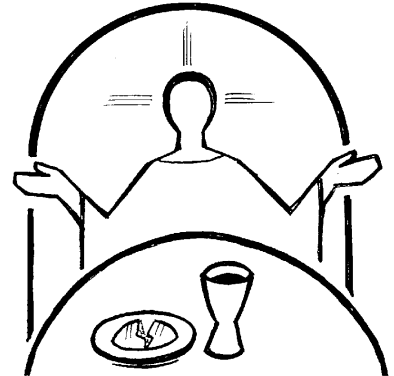
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## **The Most Holy Body & Blood of Christ**

|           |                  |                |                       |
|-----------|------------------|----------------|-----------------------|
| Saturday  | 17 <sup>th</sup> | 6.00 pm        | The Parish            |
| Sunday    | 18 <sup>th</sup> | 8.15 am        | Dr John Foley RIP     |
|           |                  | 10.30 am       | Jack & Mary Haugh RIP |
|           |                  | 6.00 pm        | Polish Mass           |
| Monday    | 19 <sup>th</sup> | 9.30 am        | Peggy Moloney RIP     |
| Tuesday   | 20 <sup>th</sup> | 9.30 am        | Kevin Davitt RIP      |
|           |                  | <b>7.30 pm</b> | <b>Choir Practice</b> |
| Wednesday | 21 <sup>st</sup> | 9.30 am        | Eamon O'Connor RIP    |
| Thursday  | 22 <sup>nd</sup> | 7.30 pm        | Philip Gilpin RIP     |
| Friday    | 23 <sup>rd</sup> | 9.30 am        | Victor Rodriguez RIP  |
| Saturday  | 24 <sup>th</sup> | 6.00 pm        | Peter Marshall (ill)  |
| Sunday    | 25 <sup>th</sup> | 8.15 am        | The Parish            |
|           |                  | 10.30 am       | Rose Dunne RIP        |



**SATURDAY:** Exposition with Benediction: 10.00 - 11.00am. Reconciliation: 10.15 – 10.45 am & 5.15 - 5:45 pm

**TODAY'S READINGS:** Deuteronomy 8:2-3,14-16; 1 Corinthians 10:16-17; John 6:51-58

**NEXT WEEK'S READINGS:** Deuteronomy 11:18,26-28, 32; Romans 3:21-25,28; Matt 7:21-27

**Church: £778    The Missionary Endeavour of the Diocese: £344    Thank you for your generosity.**

**This Sunday there will be a Second Collection for A Day For Life. The Bishops of England and Wales wish us to hold this collection to support Life related issues from conception to natural death.**

**Next Sunday there will be a Second Collection for the 'Emergency Appeal – Grenfell Fire'**

**PLEASE REMEMBER IN YOUR PRAYERS:** Irene Sedeño Vicente, Peter, Molly Simmonds, Deacon Pat Moloney, Roy Pritchard, Marie Davidson, Yvonne Carter, Lottie-Mae, Gordon & Ann Milne, Finlay, Alfred Deacon, Ester Park, Marie Garselis, Roni Horstead, Krissie White, Ronnie Tyler, Jenny Begley, Paula de Mello, Bill Hogg, Andrew Kennedy, Ted O'Brien, Breda Schlimgen, Michaela Finn, Ann Wesley, Winifred Lyons, Yvette Allen, Leslie Lee, Joan Jacobs, Kerry McStravick, Gerry Potter, Lydia Van Melsen, Donald MacDonald, Edna Catley

**2. THOSE WHO HAVE DIED RECENTLY:** **NUALA CLARKE** and those whose anniversaries occur about now: John Foley, Liam McCann, Dorothy Firth-Scott, Frances Smith, Daniel Ions, Sylvia Smyth, Bridget Bullock, Rene Woods, Harry Jacobs, W J Clarke, Thomas Foley, Mieczyslaw Ostatak

**3. WELCOME TO ANY VISITORS** to our Parish this weekend. We do hope that you have enjoyed your stay

**4. OUR FIRST HOLY COMMUNION CHILDREN** will receive their certificates at the 10.30 Mass today. On behalf of the Parish I give a big thank you to their catechists Theresa Bevans, Cathy Hatton, Margaret Davis and Catherine Shinkfield for all they have done to make this great occasion happen. After Mass the children will have special treats in the Barn. We are all invited to come in and watch them enjoying themselves!

**5. PARISH SUMMER BARBEQUE** will be held **next** Saturday 24<sup>th</sup> June in and around the Barn starting at 7.00pm. There will be a raffle as well as delicious food and excellent company – providing you come! All proceeds to St Barnabas Hospice. Raffle prizes will be gratefully received. Tickets on sale after all Masses this weekend. Adult £7.50 and Child £4.00

**6. ARE YOU AGED BETWEEN 13 and 29 YEARS?** The on-line Youth Survey asking young Catholics for their views ahead of a world meeting of bishops in 2018 has been extended, the Bishops' Conference of England and Wales has announced, because only 4,000 people have responded to date and they would like many thousands more to reply. The survey aims to be as user friendly as possible, intending to show that the Vatican is listening to young people and trying to understand the changes in their lives in the digital age. Please go on to <https://www.surveymonkey.co.uk/r/parish-youth-poll> and let the bishops know your views. You are the future of the Church!

**7. THE NEXT WOMEN'S BREAKFAST:** takes place **next** Saturday 24th June from 09:00-11:00 am in The Barn.. We invite you to join us for a delicious breakfast, good conversation, community and friendship. Our guest speakers this month will be The Air Ambulance Service. We hope you will join us. Transport can be arranged. Please contact Jane-Anne on 01903-502070 with any queries.

**8. A REFUGEE CRISIS NEWSLETTER** for Summer 2017 is available in both Porches detailing how, as a diocese, under the guidance of Bishop Richard, we are responding to the ever growing challenge of the global refugee crisis. The newsletter includes the latest information available to us and highlights some tremendous work that is ongoing by the partners we are choosing to work with. Please take a copy and share it with family and friends. Anyone who wants to learn more about how to get involved should contact our Coordinator (details on page 11). Refugee Week takes place between 19 and 25 June, this provides an important opportunity for asylum seekers and refugees across the UK to be seen, listened to and valued.

**9. A DAWN MASS** will be offered for a 'New Dawn of Salvation in our Country and our World' on Wednesday 21st June at about 4.45 - 5.00 am next to Highdown Hill Car Park followed by a shared breakfast. All welcome

**10. BIKE RIDE:** John Mayock will be setting off on a delayed Bike Ride **this** Saturday 17th June to raise funds for Mary's Meals and the Hospice in Kalingalinga. He is looking for sponsors!

**11. WE HAVE A LIPSTICK PROBLEM!** Even Vanish will not remove lipstick from the purificators when washed each week after use by the Ministers holding the chalices. The answer is in your hands!

**12. MARY'S MEALS:** We are now in particular need of Soap, Toothpaste, Pencil Cases, Serviceable Ladies & Children's Sandals, Flip-Flops, Shoes. (Flat's please – NO heels) Many thanks to all who help in this way

**13. WORTHING CHURCHES HOMELESS PROJECTS:** Urgently needed this month: Sugar, Squash, Fruit Juices, Biscuits, Coffee, Peanut Butter, Marmite, Hoodies, Boxer shorts, Ladies undies 12/14, Washing Powder, Toilet rolls, Dustpan & brushes, Mops (not buckets), Brooms, Tea towels. Many thanks to all who donate in this way

**FATHER LIAM SAYS:** Today, as we celebrate the Feast of the Body & Blood of Christ, we have the first words of scripture that tell us of that great mystery. They come in St Paul's First Letter to the Church in Corinth – and Paul was writing before any of the Gospels were written. 'The blessing cup that we bless is a communion with the blood of Christ, and the bread that we break is a communion with the body of Christ. The fact that there is only one loaf means that, though there are many of us, we form a single body because we all have a share in this one loaf.'

Shortly afterwards in this same letter he gives his community the first account we have of the institution of the Eucharist by Jesus: 'on the same night that he was betrayed.' I came across this beautiful account of the first celebration of the Eucharist on the surface of the moon. This is how Buzz Aldrin, the second man to walk on the moon describes that memorable event. 'On the day of the moon landing we awoke at 5.30 am Houston time. Neil Armstrong and I separated from Mike Collins in the command module. With only seconds worth of fuel left we touched down at 3.30 pm. Now was the moment for Communion. So I unstowed the elements in their flight packets. 'I put them and the scripture reading on the little table in front of the abort guidance system computer. Then I called back to Houston: 'Houston this is Eagle. I'd like to request a few moments silence. I'd like to request each person listening in to contemplate for a moment the events of the last few hours and to give thanks in his own individual way'. 'For me this meant taking Communion. I opened the little plastic packages which contained bread and wine. I poured wine into the chalice my parish had given me. In the one-sixth gravity of the moon, the wine curled slowly and gracefully up the cup. It was interesting to think that the first liquid poured on the moon and the first food eaten there, were consecrated elements.' This happened on 20th July 1969.

About half way between these two accounts of the Eucharist, related but on totally different planes of importance, one at the Last Supper but the other on the moon, we have a clear picture of how many communities in Ireland celebrated the Eucharist over a thousand years ago. We know something of the painstaking and glorious ways in which the monks in those days produced the scriptures that were proclaimed in the Eucharistic celebrations and meditated upon in their prayers. Copies of these have come down to us remarkably preserved, having been hidden from the raiding Vikings and other predators. Also a number of examples of the sacred vessels that were used at their Eucharists have also been discovered. Some of them were buried near ancient monasteries that had been plundered. These too were often beautifully crafted using all kinds of precious stones and metals. They now can be seen in the National Museum in Dublin. The manner in which they were fashioned gives us a clear picture of how the Eucharist was celebrated and treasured.

There is a matching chalice and dish that were found in Derrynaflan and restored in all their beauty. The dish is a good-sized dinner plate, about 36cm in diameter. This clearly shows that those gathered around the Table of the Lord were still using a loaf. Breaking the loaf was a very important part of the Eucharistic Celebration – just as it was at the Last Supper and at the Eucharist at Corinth described for us by St Paul. Medieval writings tell us that the Eucharist was often broken into about seventy pieces. Turning to the chalice it is clear that they only used one cup – after the example of Christ and the infant Church. In the case of these ancient chalices unearthed in Ireland – like that at Derrynaflan – they would be designed to be shared by about seventy communicants, just like the plate. They came supplied with handles so that they could be safely passed on from one person to another – without any fear of spillage. They typically held about 1.5 litres of wine. Such an amount provides on average seventy-five mouthfuls which fits well with the figure of pieces into which the loaf was broken. This took time and was accompanied by chants – which also have come down to us. These would continue as long as it took to break the loaf. Chants that were sung during communion have also come down to us.

Perhaps the evidence that has come down to us is of best practice. It would be perhaps unrealistic to suppose that every celebration reached that standard. But it was something to which all could aspire.