

PARISH OF THE ENGLISH MARTYRS Goring Way

19.03.2023

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Arundel & Brighton Diocesan Trust is a Registered Charity No: 25287

Fourth 'Laetare' Sunday of Lent

Saturday	18 th	6.00 pm	Michael Shoesmith RIP
Sunday	19 th	8.15 am	The Parish
		10.30 am	Mary Haugh RIP
Monday	20 th	9.30 am	Intention of the Chang Family
Tuesday	21 st	9.30 am	Sean Farrell RIP
		11.30 am	REQUIEM FOR EMILIO SANTANGELO RIP
		7.00 pm	Parish Meeting
Wednesday	22 nd	9.30 am	Simon Comper RIP
Thursday	23 rd	9.30 am	Angela Outridge RIP
Friday	24 th	9.30 am	Grace West RIP
		10.00 am	Stations of the Cross
Saturday	25 th	6.00 pm	Viviane Proyer RIP
Sunday	26 th	8.15 am	The Parish
		10.30 am	Humphrey Niven RIP



SATURDAY: Reconciliation: 10.15 - 10.45 am and 5.15 - 5.45 pm

TODAY'S READINGS: 1Samuel 16:1, 6-7, 10-13; Ephesians 5:8-14; John 9:1,6-9,13-17,34-38

NEXT WEEK'S READINGS: Ezekiel 37:12-14; Romans 8:8-11; John 11:1-45

COLLECTIONS: Church: £337 Digital Collection: £119 Thank you for your generosity.
Next weekend there will be a Second Collection for Flowers for our Church - Please see Note 6

PLEASE REMEMBER IN YOUR PRAYERS: Jed Armstrong, Lola Samengo-Meehan, Sue Withnell, Maureen House, Joan Wand, Samuel Bezants, Thomas Boylan. John Mayock, Terry Stanley, Glenn, Helena & Vittorio Villa, Peggy Gallagher, Lena, Ken Harvey, Sienna Coates, Chris Judge, Brian Caplin, Valerie Halley, Pat Duggan, Tony Grana, Sister Raymond, John Smith, Ian Threlfall, Lelia Murray, Mary Murphy, Brenda Peazold, Mary Wessel, Gordon Milne, Alfred Deacon, Roni Horstead, Ronnie Tyler, Bill Hogg, Michaela Finn, Winifred Lyons, Yvette Allen, Kerry McStravick, Lydia Van Melsen

2. THOSE WHO HAVE DIED RECENTLY and those whose anniversaries occur about now: Joyce Whaling, Marjorie Leach, Stanley Hanson, Jenny Begley, Michael Hancox, Breda Gibson, Mary Wilds, Darryl Cox, Gerry Potter, Anthony Hoppe, Michael McCarthy, Bernard Nutland, Donna Jackson, Maithe Bennett, William Clarke, Joyce Sims.
May they rest in peace and rise in glory.

3. DATES FOR YOUR DIARY:

Thursday 30th March – Lent Service of Reconciliation – 7.00 pm
Thursday 6th April - Mass of the Lord's Supper – 8.00 pm
Friday 5th April - Solemn Liturgy of the Lord's Passion – 3.00 pm
Saturday 6th April - The Solemn Vigil of Easter – 8.00 pm
Sunday 7th April - Easter Sunday – Mass at 8.15 and 10.30 am
Monday 8th May King Charles III Parish Coronation Celebration – 2.00 – 5.00 pm

4. A PARISH MEETING will be held on Tuesday 21st March at 7.00 pm in the Barn. All are welcome.

5. THE LENT SERVICE OF RECONCILIATION will take place here on Thursday 30th March at 7.30pm. If you will be unable to come, there are posters in the porches with details of services being held elsewhere in the Deanery

6. FLOWERS FOR OUR CHURCH: Our church is somewhat subdued during Lent and Advent and I am sure we all miss the beauty of the fresh flower arrangements that are there throughout the rest of the year. However, they cost money - £1,456 in 2022 - and that, after a number of arrangements were replaced by flowering plants. The collection for the church has dropped by £200 per week since pre-pandemic days and so you are asked to be generous when next week, we have a Second Collection for church flowers.

7. CALLING ALL SHOP VOLUNTEERS: You are invited to a Welcome Tea next Thursday 23rd at 3pm in the Barn

8. THE LENTEN ALMS BOX is in the front porch next to the main door. The proceeds are sent to the Contemplative Orders of women in the Diocese.

9. LENT TALKS WITH FR TERRY MARTIN At the risk of boring you with my ramblings, I propose two remaining (with time for questions and comments) during Lent, in St Mary's church, Worthing. No need to come; they will be rubbish!
Wednesday 22nd March, 7.00pm: Universal call to holiness:
Wednesday 29th March, 7.00pm: Becoming what we do

10. HAND MADE MOTHERS DAY AND EASTER CARDS are now available in the Repository. All proceeds go to the Parish Project in Kalingalinga

11. SAFEGUARDING TRAINING ACCESS TO TES/EDUCARE ONLINE PROGRAMMES. Volunteers who are in roles with children or vulnerable adults are required to complete safeguarding training every three years. There are eleven CPD accredited online safeguarding programmes available within the Catholic Church. These are free to the user and simply require registration via the Diocesan Safeguarding Office. Each programme is modular and divided into a bite-sized format. Modules within the programme can be saved once completed with the remainder returned to at the convenience of the learner. For access to the Tes/Educare training please Email: safeguarding@abdiocese.org.uk with your name, preferred email address, role, and parish. The diocesan Safeguarding Office will register your interest with Tes/Educare who will send a welcome email enabling instant access to the training programmes. Please let Anne know when you start a course.

12. EDGE YOUTH GROUP will be meeting this Sunday, 19th March, in the Barn, from 6.00 until 7.30 pm. All young people 11+ welcome. Contact Niall for more information nfarrell@stromeros.co.uk.

13. MARY'S MEALS COLLECTION POINT is one of the small boxes under the notice board to the right in the Front Porch. It now costs £19.15 to feed one child for a year! Your donations will always be much appreciated.

14. TURNING TIDES WISH LIST is appealing for the many items that they need. Coffee, Long-life Milk, Sugar, Cooking Oil, Small bottled/carton drinks/water, Cereal Bars, Biscuits, Snack Pots, Tinned meat/fish. Also Toilet Rolls, Washing-up Liquid, Washing Powder, Dish-washer Tablets Deodorant. Many thanks to anyone who is able to help

FATHER LIAM SAYS: It is now almost three years since we had the first COVID lockdown. The Covid 19 virus is still with us along with other seasonal viruses. Many people have had three or four doses of the vaccine but the risk of infection still exists. The Bishops of England and Wales propose that we continue for a few more weeks to receive Holy Communion only under the appearance of bread until the end of this winter season and its associated viruses. They suggest that a suitable time to resume Holy Communion under both species would be the Mass of the Lord's Supper on Maundy Thursday, which is on 6th April.

The Mass of the Lord's Supper is an extraordinarily significant celebration marking the institution of the Eucharist. At that Mass we have the first biblical account of that event – from St Paul who was writing before any of the gospels were written: 'For the tradition I received from the Lord and also handed on to you, is that on the night he was betrayed, the Lord Jesus took a loaf of bread and after he had given thanks, he broke it and said 'This is my body which is for you. Do this in remembrance of me. And in the same way, with the cup after the supper, saying 'This cup is the new covenant in my blood. Whenever you drink it do this in remembrance of me.' As often as you eat this bread, then, and drink this cup you are proclaiming the Lord's death until he comes.' For the entire lifetime of many of us we have been able to receive Holy Communion in the same way as the disciples who were gathered around the table with Jesus, received it and as his disciples, continued to receive it for hundreds of years. For Christians in the West reception from the chalice ceased to be the practice some time before the Reformation. But the chalice was restored after the Second Vatican Council.

In the early Church people brought various gifts with them to Sunday mass, many of which would be shared afterwards with the poor. Among the loaves of bread offered, some were chosen to be used – together with some wine – at the table of the eucharist. Over time the form of the bread used has changed. The practice of sharing a loaf was abandoned and pre-cut round 'breads' are used. So the symbolism of sharing in the common loaf was weakened and sharing in the common cup was discontinued.

Evidence of the earlier approach have been discovered in a number of places. In the National Museum of Dublin there is the Derrynaflan chalice and plate, which had long been buried underground in the times of Viking attacks, especially on monasteries. The communion-plate, or paten, is a good sized dinner plate 36 cm in diameter. The measurement shows that it was used for holding and breaking a loaf as part of the actual celebration. Textual evidence informs us that on occasion it could be broken into about 70 pieces. Turning to the chalice, we find that the shape is evidently suitable for it to be passed around to a sizeable number of people. It has handles for giving and taking with ease and without danger of spillage. It could hold just under 1.5 litres of wine quite safely and would fit well with the number of communicants that the paten could accommodate. The chalice and paten were made of precious materials and elaborately decorated.

All this took time and special chants were sung while people received. The triple repetition of the 'Lamb of God' is a remnant of what people sang during Communion time. A number of medieval chants have been found that would have accompanied the action of receiving the Eucharist from the paten and the chalice. They are particularly suitable for Eastertide and Corpus Christi and every line is taken from scripture. This is a brief example – in translation:

'O Lord, we believe that in this breaking of your body and pouring out of your blood we become your redeemed people. We confess that in taking the gifts of this pledge here we lay hold in hope of enjoying its true fruits in the heavenly places.'