

PARISH OF THE ENGLISH MARTYRS Goring Way

17.05.2026

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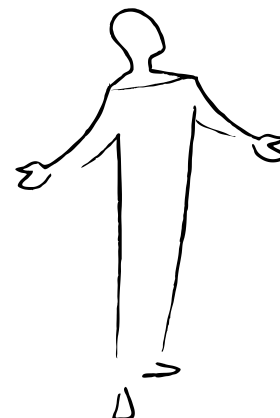
Safeguarding Rep. Anne Niven 01903 242624

Arundel & Brighton Diocesan Trust is a Registered Charity No: 25287

Seventh Sunday of Easter

Saturday	16 th	6.00 pm	The Parish
Sunday	17 th	8.15 am	John Waisley RIP
		10.30 am	Roger Davis RIP
Monday	18 th	11.30 am	REQUIEM FOR JOHN MILLER RIP
Tuesday	19 th	9.30 am	No Mass
		7.00 pm	Choir Practice
Wednesday	20 th	9.30am	No Mass
Thursday	21 st	9.30 am	No Mass
Friday	22 nd	9.30 am	No Mass
Saturday	23 rd	6.00 pm	Norma Markham RIP
Sunday	24 th	8.15 am	The Parish
		10.30 am	Sarina Cacioppo RIP

SATURDAY: Reconciliation: 5.15 - 5:45 pm



"Father, the hour has come." (John 17.1)

TODAY'S READINGS: Acts 1:12-14; 1 Peter 4:13-16; John 17:1-11

NEXT WEEK'S READINGS: Acts 2:1-11; 1 Corinthians 12:3-7,12-13; John 20:19-23.

COLLECTIONS: Church: £506 DONA: £ Thank you for your generosity
This Sunday there will be a Second Collection for World Communications Sunday
Next weekend there will be a Second Collection following an Appeal by the Columban Fathers

PLEASE REMEMBER IN YOUR PRAYERS:

Clare Howse, Derek LeMahieu, Ruth Waywell, John, Christopher Williams, Laura Pegg, Marie Davidson, Alice Headon, Shona, Jonathan Waywell, Richard Wells, Natasha, Henry Allen, David Hall, Baby Ava Lily Jaswal, David Steadman, Paul & Veronica Williams, Shirley Bradbury, Brian Johnstone, Terence Wheeler, David Lancaster, Camilla Jane, Michelle Dielt, Harold Forrest, Maria Brooks, Tony & Kathleen Kearney, Lola Samengo-Meehan, Maureen House, Joan Wand, Samuel Bezants, Glenn, Helena & Vittorio Villa, Lena, Sienna Coates, Pat Duggan, John Smith, Ian Threlfall, Mary Murphy, Noel & Brenda Peazold, Gordon Milne, Alfred Deacon, Roni Horstead, Ronnie Tyler, Michaela Finn, Winifred Lyons, Yvette Allen, Kerry McStravick, Ernest Hare, Cyril Woodgar, George Welch, Mark Zenkteler.

2. THOSE WHO HAVE DIED RECENTLY and those whose anniversaries occur about now: Olive Humphrey, Pat Lucey, Pouppey Baeza, Geraldine King, V Rev Cn Desmond McCarthy, Diana Ayling, Kathleen Simmonds, Margaret Judges, Bert Copping, Anne Berendt, Jacqueline Davies, Patricia Trantor, Stella Seville, Mary Benson, Petronella Woods, Elizabeth Scotney, Norma Markham. *May they rest in peace and rise in glory.*

3. WELCOME TO ANY VISITORS to our Parish this weekend. We do hope that you have enjoyed your stay

4. CHARLES H. and his sister, Irene, will be walking the Mary's Meals Pilgrimage in memory of Tony Headon. If you would like to sponsor them please call 07943 561868 or simply put a donation in the Mary's Meals collection point in the front porch.

5. A PARISH OPEN MEETING will be held on Tuesday 2nd June in the Barn, beginning at 7.00pm and finishing at 8.30 pm. It is chiefly in connection with the Pastoral Plan for the Deanery and its implications for us at English Martyrs. It is important that as many parishioners as possible can come.

6. GRANDPARENTS PILGRIMAGE to The Shrine of Our Lady of Consolation & St Francis, West Grinstead, on Wednesday 17 June from 11am until 3pm. A day of sharing and prayer with other Grandparents with Mass, Benediction, Rosary, tours of the secret chapel and lots of chat. Please bring a packed lunch. To register: [Grandparents' Pilgrimage to West Grinstead \(17-Jun-2026\) · ChurchSuite Events](#). If you have any questions about the day please contact Deacon Simon South, Marriage & Family Life Adviser E: simon.south@abdiocese.org.uk

7. SPECIAL DATE FOR YOUR DIARY: On Sunday 14th June the Parish of English Martyrs will be celebrating Father Liam's 60th Anniversary of his Priesthood. This will start with Mass at 3.00 pm followed by tea in the Barn and gardens. There will be fun and games for the children. Please make sure that you and your family are there.

8. REQUEST FROM SVP FOR HELPERS. The temporary base the SVP runs out of the former Charles de Boromeo church needs more helpers. We need help with:

1. additional drivers - under 70 years old with licence category C. This would be on a rota x1/ month
2. repairing furniture - small repairs to donated furniture.
3. sorting of donations - kitchen goods, clothing, bedding etc.

If you can help with any of these please contact: Rosaleen Murphy, St Catherine's - stcatherinessvp@gmail.com
Sheila Padwick, St Michael's - TreasurerA010406@svp.org.uk Ann Olliver, St Peter's - PresidentA010406@svp.org.uk

9. A MASS FOR WORLD PEACE will be held here at English Martyrs on Friday 29th May at 6.30 pm. People across our community of faith are invited to join Worthing's Justice and Peace Group and pray for peace in our world. The Mass will offer the opportunity to pray for all impacted by war and for healing, reconciliation and lasting peace.

10. MARY'S MEALS COLLECTION POINT is one of the small boxes under the noticeboard to the right in the Front Porch. It now costs £19.15 to feed one child for a year! Your donations will always be much appreciated

11. TURNING TIDES: THE SPRING WISH LIST: Pot Noodles, Packet Ready Meals, Instant Super Noodles, Tinned Meat - Ham & Corned Beef, Tinned Ready Meals - Meat & Vegetarian, Tinned Fish & Tuna Fray Bentos Pies, Long Life Milk, Alternative Milk, Cooking Oil, Cartons of Juice, Bottled Water, Sugar, Instant Coffee, Ketchup, Brown Sauce, Chocolate Spread, Cereal Bars, Shaving Foams, Razors, Hair Brushes, Feminine Hygiene Products, Sun creams, Toilet Rolls, Lip Balms. Many thanks to those who are so generous in their donations. It is much appreciated.

Father Liam says: Mary had been told by the Angel Gabriel of God's will for her to be the mother of the Saviour. The angel also said: 'And I tell you this too; your cousin Elizabeth, also in her old age has conceived a son'. Mary decided to visit Elizabeth – a three-day journey away. They had much to discuss together. Mary was able to confide in her cousin the new and extraordinary event about herself and also help Elizabeth who in due course will give birth to John the Baptist. So 'rising up she went into the hill-country with haste to a town of Judah into Zachariah's house and greeted Elizabeth'. Mary made the simple, customary greeting: 'Peace be with you' – only in Mary's case it was no common greeting. Elizabeth knew already that she was to give birth to the forerunner of the long-awaited Redeemer. 'Now it happened that as soon as Elizabeth heard Mary's greeting, the child leaped in her womb and Elizabeth was filled with the Holy Spirit'. This was the effect of Mary's greeting! What a blessing if we could share in one of these greetings of Mary! What a blessing if we could bestow one of these greetings of Mary on one another! If we want to bestow one of these greetings of Mary we must bring Christ with us, as Mary did. One good word to another person can work an enormous blessing.

A good word may seem easy to speak and yet when the time comes how difficult we find it. Filled with the Holy Spirit Elizabeth said: 'Of all women you are most blessed and blessed is the fruit of your womb. Why should I be honoured with the visit from the mother of my Lord. Look, the moment your greeting reached my ears the child in my womb leapt for joy. Yes, blessed is she who believed that the promise made her by the Lord would be fulfilled.' Elizabeth used the word 'Blessed' three times in her greeting. She said: 'Of all women you are the most blessed and blessed is the fruit of your womb and she goes on to say that Mary is blessed because she believed that the promise made her by the Lord would be fulfilled'.

We then have the joyful outpouring of Mary in the Magnificat – 'My soul proclaims the greatness of the Lord'. Each phrase of this great hymn harks back to the Old Testament – to different passages scattered throughout the Psalms and Prophets. Mary was no stranger to the Scriptures. She had meditated on them, studied them and had become familiar with them. Luke tells us how, after Jesus was born, 'Mary pondered all these words' (spoken by the shepherds and Simeon and Anna) in her heart'.

The Magnificat is Mary's song of joy and praise to the Lord 'because he has looked upon the lowliness of his servant...because he who is mighty has done great things for me. Yes, from now onwards all generations will call me blessed, for the Almighty has done great things for me. Holy is his name'.

It is sometimes objected that Catholics show excessive devotion to Mary and make too much of her goodness. Mary stresses her lowliness, her total dependence on God. But she can claim that God had done great things for her and has so demonstrated his great power in her that 'all generations shall call me blessed for the Almighty has done great things for me'. It is the greatness and goodness of God that we extol in Mary.

Another motive of joy for Mary was the justice of God. 'He has used the power of his arm, he has routed the arrogant of heart, he has pulled down princes from their thrones and raised high the lowly. Perhaps we are surprised at these spirited words from Mary – Such ardent words of zeal for the justice of God. The times she lived in were harsh. Her own people were oppressed on all sides. Mary praises God for his power, his justice and his fidelity. These are the three attributes to God that she singles out. These are the motives for her outburst of joy. And, like Mary, we should be constantly grateful to God for his gifts and for the love he has shown us above all in sending his Son.